



Paul R. Christen National High Adventure Base

2015 Programs and Reservation Instructions

GENERAL INFORMATION

To address the varied interests of Scouts and Venturers, The Summit offers a wide array of high adventure opportunities with a range of depth and difficulty.

To provide the greatest flexibility to crew and contingents, **The Summit allows members to individually select their program experiences.**

This means that a crew can choose (1) for all members to participate together in the same program experience; or (2) for each crew member to select his or her individual program. This allows your crew the flexibility to accommodate a wide range of interests and experience.

EXAMPLE 1

Crew 256 registers two adults and ten youth for The River program track. The crew camps and completes all program activities as a single crew.

EXAMPLE 2

Crew 859 registers two adults and ten youth for high adventure programs. Of these, five select the Summit Experience; four select The River; two select Wheels; and one selects Advanced Climbing. They camp together, but each (including adults) participates as part of a

program patrol for his or her individual programs experience.

HOW DO I MAKE A RESERVATION

1. Go to www.SummitHighAdventure.org and locate the 2015 Reservation Request link.
2. Complete the online reservation request process by identifying your available dates and the projected number of participants.
3. The Summit reservations staff will confirm your reservation and assigned date.
4. You will receive an invoice by email showing your arrival date.
5. Once the invoice is received, you have 45 days to submit a \$100 per person non-refundable deposit to The Summit.
6. After your deposit has been received, you will receive an email inviting you to access the online system to select the crew or individual program experiences.
7. The Summit confirms your program selections.

To have the best chance of securing your first program selection(s), pay your deposit in a timely fashion to gain access to the program selection process.

AVAILABLE DATES

High adventure programs at the Paul R. Christen National High Adventure Base operate on a Sunday to Saturday schedule. Early arrivals and late departures can be arranged to accommodate travel constraints.

- June 7, 2015 – June 13, 2015
- June 14, 2015 – June 20, 2015
- June 21, 2015 – June 27, 2015
- June 28, 2015 – July 4, 2015
- July 5, 2015 – July 11, 2015
- July 12, 2015 – July 18, 2015
- July 19, 2015 – July 25, 2015
- July 26, 2015 – August 1, 2015
- August 2, 2015 – August 8, 2015
- August 9, 2015 – August 15, 2015

CREW SIZE

Because our high adventure programs accommodate both group and individual program experiences, there is no maximum group size.

However, each program experience has an optimal group size. When participating in a single program experience as a crew, large crews may be divided into smaller groups for activity periods to ensure the optimal program experience.

EXAMPLE

You register a crew of 24 participants for the Helmets & Harnesses program. For the canopy tour portion, the optimal group size is 8

participants. Your group will be separated into three crews for this activity.

2015 PROGRAM DESCRIPTIONS

All prices include food, program equipment use, and camping in tents and cots provided by The Summit.

SUMMIT EXPERIENCE

This is a broad interest high adventure program for participants that want to try everything. Spend a half day at each of the Summit's adventure sports venues – The Canopy, The Rocks, Low and High Gear, The Park, The Trax, The Bows, The Barrels, Bravo Lake and The Ropes. Cap off your visit with a ride on the Big Zip. Participants must be 13 years of age by September 1st of 2015.

FOCUSED PROGRAMS

Each focused program gives you three days to delve into a particular activity focus. Then, choose two half-day elective experiences from the Summit Experience to round out your program. And of course, you get to ride the Big Zip. Participants must be 13 years of age by September 1st of 2015.

- THE RIVER (rafting and kayaking)
- HELMETS & HARNESSSES (climbing, canopy, challenge courses)
- THE MARKSMAN (archery, shooting)
- WHEELS (mountain biking)
- BMX (racing, freestyle)

- SKATE (skateboarding)

ADVANCED PROGRAMS

For those who have some experience and want to dive deep into the skills and take advantage of one of the great outdoor recreation venues in the world – the New River Gorge. Because of the intensity of these programs, you will spend your entire program experience focused on these activities. These programs require a high level of physical stamina.

Please note that these adventure training course require a minimum number of participants. If the minimum number is not reached, participants will be re-assigned to their next available program choice.

ADVANCED KAYAKING

Your seven day program includes five days of kayaking and kayaking skill development. If you want to learn to run big water, this is the program for you. This program takes place on the New and Gauley Rivers (areas chosen based on conditions and participant skill level) in up to Class IV whitewater.

For maximum enjoyment and progress, participants should have kayaking experience at least consistent with the skills in the kayaking merit badge. Before moving from the lake to the river, participants must demonstrate a wet exit, bracing and whitewater roll. These skills will be taught on day one of the program.

You must be at least 16 years old, 56 inches tall and successfully complete the BSA Swim Test to participate.

ADVANCED CLIMBING

Your seven day program includes five days of climbing and climbing skill development on real rock in the New River Gorge – a world-renown climbing destination. For those interested in making climbing a life-long hobby, this experience will give you the skills and practice that you need to become a more confident and proficient climber.

For maximum enjoyment and progress, participants should have climbing experience at least consistent with the skills in the climbing merit badge.

This program is designed to present a skill instruction followed by ample climbing opportunities that will allow for the practical application of the skill. Skill presentations include:

- Top site anchors and systems
- Top site assistance and rescue skills
- Seconding sport and traditional routes
- Cleaning anchors
- Environmental considerations
- Bottom site management
- Bottom site assistance and rescue skills

You must be at least 16 years old.

ADVANCED MOUNTAIN BIKING

If you are ready to get serious about mountain biking, the advanced mountain biking program will help you develop the skills that separate the serious riders from the weekend warriors.

The Summit's 36-miles of mountain biking trails provide a vast array of challenges and experiences to practice your new skills.

Skill development opportunities include:

- Body position
- High speed corners
- Wheel lifts
- Drops
- Bunny Hops
- Descents
- Climbs
- Shifting
- Braking

This will be a physically rigorous experience. All participants must be at least 16 years old and be in good health.

ADVENTURE PHOTOGRAPHY

The adventure photography program provides participants with the skills they need to document their Scouting adventures. Participants will have ample opportunities to learn photographic techniques from experienced photographers and to apply these skills in adventure situations. If you enjoy photography, here is the chance to learn to apply your skills to high intensity adventure situations. Participants must be 13 years of age by September 1st of 2015.

Topics may include:

- Using light for dramatic impact
- Framing pictures in a high speed environment.
- Sound risk management practices for taking photographs in adventure situations.
- Learning to tell the story.
- And much more

Just as important, you will get to apply these skills while climbing, rappelling, zipping, mountain biking, hiking, and more.

Previous photography experience with a DSLR camera will be very helpful.

ADVENTURE TRAINING COURSES

These program experiences provide the fundamental knowledge and skills that serve as the basis for teaching and assisting others in adventure sports participation.

Please note that these adventure training course require a minimum number of participants. If the minimum number is not reached, participants will be re-assigned to their next available program choice.

RIVER GUIDE SCHOOL

The seven day program includes five days of training for prospective river guides. Topics and skills covered include:

- Hydrology
- River Terminology
- Reading the water
- Steering strokes
- Guide strategies for Class III & IV rapids
- How to rescue swimmers
- How to right a flipped raft
- How to “unwrap” a boat
- Strategies for self-rescue
- How to swim rapids

The program includes classroom time, swift water rescue training and several days of on-the-water rafting culminating in guiding a raft through a Class IV rapid on the New River.

Participants must be at least 16 years old, 56 inches tall and successfully complete the BSA Swim test.

Please note that this is NOT a certification course, but does provide foundational skills for

those who wish to pursue whitewater raft guiding as a hobby or vocation.

MOUNTAIN BIKING INSTRUCTOR SCHOOL

The seven-day mountain biking instructor class includes five days of learning how to teach mountain biking skills, including proper body position, shifting, braking, climbing, cornering and more. In addition, participants will learn how to prepare for a guided ride, assess participants and take participants through a guided mountain bike trek.

Participants must be at least 16 years old and have intermediate mountain biking skills. This course can be especially helpful for individuals who want to assist councils in operating or creating a mountain biking program.

SHOOTING SPORTS ACADEMY

Gain the knowledge and skills to teach various shooting disciplines using NRA and NAA instructor qualification programs. Participants will develop skills to teach rifle, shotgun, muzzle loading rifle, pistol and archery.

Participants who successfully complete the course can submit their course completion materials to the NRA and NAA to receive instructor credentials. The certification level depends on the participants age and test scores.

All participants, regardless of age, may receive the NAA Level 1 Archery instructor designation.

For NRA instructor disciplines, the following age guidelines apply:

16-17 yrs old – Apprentice Instructor
18-20 yrs old – Assistant Instructor
21+ yrs old – Instructor

Course will include:

- NRA Rifle Instructor
- NRA Shotgun Instructor
- NRA Muzzle loading Rifle Instructor
- NRA Pistol Instructor
- NAA Level 1 Archery Instructor

AMGA SINGLE PITCH INSTRUCTOR

If you are an experienced climber who wants to share your skills with others, the AMGA Single Pitch Climbing instructor course may be for you.

You will spend two days climbing sport and traditional routes in the New River Gorge. Then, the next three days will focus on the skills of the American Mountain Guide Association (AMGA) Single Pitch Instructor program. In this course, you will learn the skills necessary to plan and execute climbing experiences for others.

Participants must be 18 years old and have previous climbing experience.

NOTE: To certify as an AMGA single pitch instructor, a third party test is required. Those who successfully complete the course will be provided a list of testing opportunities in their area. The arrangements and cost of the test are the responsibility of the participant.

ACCT LEVEL 1 INSTRUCTOR

Challenge courses provide an exciting program that helps participants develop self-confidence and encourages teamwork.

The ACCT Level 1 Instructor course prepares participants to become challenge course facilitators by developing the skills to safely operate a course as well understand how to facilitate an experience that is beneficial to course participants.

Participants must 18 years old and in good physical condition.

COST INFORMATION

The program costs for the 2015 high adventure programs are:

- SUMMIT EXPERIENCE -- \$759
- FOCUSED PROGRAMS
 - The River \$939
 - Helmets & Harnesses \$769
 - The Marksman \$939
 - Mountain Biking \$829
 - BMX \$779
 - Skateboarding \$779
- ADVANCED PROGRAMS
 - Advanced Kayaking \$1199
 - Advanced Climbing \$1199
 - Adv. Mountain Biking \$879
 - Adventure Photography \$779
- ADVENTURE TRAINING COURSES
 - ACCT Level 1 Practitioner \$829
 - AMGA Single Pitch Inst. \$1199
 - NRA/NAA Instructor \$829
 - Mountain Bike Inst. \$929

PAYMENT SCHEDULE

Deposit	Due within 45 days once the reservation is confirmed.
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1 st Half Payment	October 31, 2014
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Balance Due	March 31, 2015
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Please note that participants select their program experience after we have received the \$100 per participant deposit.

HOW TO CONTACT US

Summit Bechtel Reserve
2550 Jack Furst Drive
Glen Jean, WV
(304) 465-2800

summit.program@scouting.org